**Every Tues. & Wed.--Mornings English Conversation—Cross St.** 

Every Mon. & Wed.--Afternoons Fit 4 Life (Group C)

Every Tues. & Thurs.--Evenings LBT Fit 4 Life

Every Wed. & Fri.--Mornings Fit 4 Life (Group A & B)

**Every Tuesday--Morning Strengthening with Geoff—Holland St.** 

**Every Thursday--Morning** Strengthening with Geoff—R&J

Every Wednesday--Evening Zumba—Holland St.

Every Monday at 8:30 am Fit 4 Life Walking & Talking Every Friday July 10-October 10 Mobile Farmer's Market

Tuesday, August 25 Senior Housing 101—Holland St.

Tuesday, August 25 Afternoon at the Movies—"Woman in Gold"

Wednesday, August 26 Lowell Spinners

Monday, September 7 CENTERS CLOSED—HOLIDAY

Sunday, September 13 Hampton Beach

Monday September 14 Breakfast—Holland St.

Tuesday, September 15 Fall Super Bingo—Holland St.

Thurs.-Sat., September 17-19 Niagara Falls/Red Sox

Sunday, September 20 Brunch at Mt. Vernon Restaurant

Monday, September 21 Veteran's Lunch & Movie—Holland St.

Tuesday, September 22 Twin Rivers

Wednesday, September 23

Thursday, September 24

Beach Boys-Venus de Milo
De-clutter 101—Holland St.

Monday, September 28 Fall Foliage

Tuesday, September 29 Afternoon at the Movies—Movie to be Determined

Wednesday, September 30 Supper & Bingo—Hanscom Air Force Base

Monday, October 5 Breakfast-Holland St.

Wednesday, October 7 Halloween Super Bingo—R&J

Thursday, October 8

Monday, October 12

Thursday, October 15

Hart's Turkey Farm & Tilton Outlets
CENTERS CLOSED—HOLIDAY
HEALTH FAIR—HOLLAND ST.

Monday, October 19 WHYC

Wednesday, October 21 Italian Festival—Danversport Yacht Club

Tuesday, October 28 Let's Make a Deal at Foxwoods

Tuesday, November 3 HOLLAND STREET CLOSED--ELECTIONS

Sat. & Sun., November 7 & 8 NYC and the 911 Memorial

Tuesday, November 10 Manhattan Dolls at Common Man Inn Restaurant

Tuesday, December 1 A Christmas Carol

Thursday, December 3 Multicultural Day—Cross St.

Thurs. & Fri., December 10 & 11 Bazaar—Holland St.

Monday, December 14 WHYC
Thursday, December 17 LaSalette

If you are interested in any of the above listed events, please call us at 1617-625-6600, x-2300. TRIP POLICY REMINDER: SEATS ARE ONLY GUARANTEED UPON PAYMENT.